

# **Alberta Health Care Professionals**

a collection of  
**Testimonials & Impact Statements**  
about Covid-19 & Covid-19 Mandates

**Current 13-October-2021**

To: Anyone who will listen

Re: Testimonial & Impact Statements about Covid-19 & Covid-19 Mandates

Over the last few weeks various HCP and Allies have been asked to submit their answers to this form. This included the following question.

- Health Care Professional Designation
- Years of Education
- Years of Service
- What lead you to choose this career?
- What does your profession teach about patient-professional relations?
- Are the ethical standards you provide to others, provided to you?
- Describe the impact of forced/coerced/bullied vaccinations has on you.
- Anything else not covered that you would like to add.

This document is a compiled list of 61 professional working in this filed. Many of these people will so be no longer be able to work due to being suspended by AHS/Government Of Alberta and/or private contractors, for not complying with ongoing mandates.

It is the goal of this document to share some of the stories from various professionals to help shine a light onto the ongoing problems of coercion/bullying/intimidation and more. The specifics of what ethical standards they must provide others, and the clear discrepancy of the ethical standards afforded to them is the focus of this survey.

We submit these for your “sober second look” consideration. As you will see from some of these raw, uncensored testimonials, the very lives of these members, hang in the balance.

Yours Sincerely.

Todd Semko

PCP – Survey List Compiler

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      RPN  
Years of Service    10

Years Of Education    6

### *What lead you to choose this career?*

To help those afflicted with mental health issues and addiction issues develop a strong self awareness and support in navigating their treatment options.

### *What does your profession teach about patient-professional relations?*

To respect their wishes when it comes to treatments offered and to always maintain a patient centered focus.

### *Are the ethical standards you provide to others, provided to you?*

No

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

Constant anxiety and panic attacks. Demoralized and loss of self worth.

### *Any addition comments about things not already covered.*

Bullying has always been rampant in the healthcare setting, it's just now coming to light.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Clinical Nurse Educator  
Years of Service    34

Years Of Education    4

### ***What lead you to choose this career?***

I followed my mothers path into nursing. At the age of 18, straight out of high school I entered nurses training at the Royal Alexandra School of Nursing. I later completed my BScN at U of A. Nursing has been who I am, not what I do.

### ***What does your profession teach about patient-professional relations?***

To respect the patient, working in partnership with them, to find solutions that ensure the best health outcome for them as an individual.

### ***Are the ethical standards you provide to others, provided to you?***

No. One of the main pillars of ethics is autonomy - the right to self determination. I strongly feel that this vaccine would be harmful to my health. I cannot allow my employer to remove my right to the personal safety of my body.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have been extremely stressed and deeply saddened by the thought that, after almost 35 years of nursing, my careers may end in a disgraceful manner. Not what I pictured after delivering and later teaching other nurses how to deliver high quality care.

### ***Any addition comments about things not already covered.***

I have worked in healthcare throughout this pandemic. I have neither contracted or transmitted COVID as I have been trained to prevent the spread of infection through the proper use of PPE! I plan to continue to do my part to prevent the spread of infection. I am not, as our premier has stated, an irresponsible, reckless 40 - 60 year old. His statement is an absolute insult to me as a person and very disrespectful. He is totally out of touch with who the unvaccinated are. Stereotyping all unvaccinated with a fringe group of radicals is grossly erroneous.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Ultrasound technologist  
Years of Service    30

Years Of Education    5

### ***What lead you to choose this career?***

A desire to help people and make a difference. To save lives

### ***What does your profession teach about patient-professional relations?***

Protect patient confidentiality- you don't share anything about them - not even that you saw them! And if they say 'no' you STOP what you're doing. They have a right to refuse!

### ***Are the ethical standards you provide to others, provided to you?***

No. I am being asked personal medical questions. I am being pressured and coerced. My right to refuse is being ignored. I am being threatened!

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I'm completely stressed. Crying. Losing sleep. I'm planning for worst case scenario- selling my home and leaving Alberta. Maybe leaving the country altogether

### ***Any addition comments about things not already covered.***

This illegal. I'd like to see all those promoting this arrested and jailed for crimes against humanity

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Registered Nurse  
Years of Service 22

Years Of Education 4

### *What lead you to choose this career?*

I wanted to help and care for people. Nursing was a bit of a family tradition.

### *What does your profession teach about patient-professional relations?*

Were taught to respect the rights and beliefs of our patients including their right to refuse treatment. We're taught to treat them with grace and respect even if we disagree with them.

### *Are the ethical standards you provide to others, provided to you?*

Not. Even. Close.

Aside from facing losing my paycheque for my unwillingness to take the covid jabs.

I've also watched hep's including doctors treat unvaccinated patients terribly. For example stating "they can wait they're not even vaccinated" "you're the whole problem" "you aren't allowed to refuse covid testing" "if they're not vaccinated I don't even want to see them"

Or nothing willing to report reactions. After any vaccine if anything "weird" happens it's supposed to be reported then the people analyzing that look for trends and make calls about things being related.

THATS NOT HAPPENING HERE.

We're reliably told "that's not related" or "were not reporting that" ALWAYS.

Jason Kenney has said unvaccinated don't come for treatment soon enough and then they're so critically ill they go straight to the ICU but of course they don't come they're treated like crap.

It's gross.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

This has disgusted me. Put me in an indefinite suspended state of stress. Made me completely on edge at work watching unvaccinated people get talked about in horrendously derogatory ways.

I used to love being a nurse. I'm really good at it. I've been at it for 22 years minus a couple mat leaves. But this and the manipulative data from AHS (the crisis is massively of staffing shortages and bed closures) I don't really want to work for them anymore if this is how they operate.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

*Any addition comments about things not already covered.*

I could go on and on.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Bachelor of social work  
Years of Service 3

Years Of Education 4

### ***What lead you to choose this career?***

I work in addiction and mental health as a social worker. I love being that constant support for those who cannot see the light at the end of their dark tunnel. I see my clients can turn their lives around by just having someone who believes in them and shows them the way. Currently I work in a detox. My favourite part is seeing people finally feel well enough and taking their first shower after a few days and looking like a totally new person!! I love seeing positive change.

### ***What does your profession teach about patient-professional relations?***

Often my clients will make personal choices that do not align with my personal values. For example, occasionally clients will choose to leave the program against medical advice or will choose to refuse a med change or bloodwork. My role in that situation is to a) advocate for their rights and medical wishes and b) sort out with them how we make this decision as safe as possible with client and medical team.

### ***Are the ethical standards you provide to others, provided to you?***

I don't feel like they are. My wishes are being brushed aside or ignored altogether. There is no room for conversation or explanation of my reasoning for having questions. Taking a medication willingly is important and if I say no it should not be questioned or forced in any way.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

It has consumed my thoughts and conversations over the past months. It has made me feel "lesser than". I've lost sleep and felt overwhelmed and extremely stressed. The unknown and conflicting messaging is exhausting. Knowing I'm doing the right thing in my heart but then my head doubts sometimes. "Why don't I just do it?"

This decision breaks me. I am in a work environment that I absolutely love and am 100% dedicated to. I do not make this decision lightly. I will be losing what I have worked tirelessly for. Purpose means everything to me, and looking forward, as I cannot plan a month ahead, is extremely difficult as my entire career and income is dependent upon the decisions of people that do not even know me or my story.

### ***Any addition comments about things not already covered.***



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation            Hca  
Years of Service    10

Years Of Education    12

### ***What lead you to choose this career?***

Just wanted to help everyone I could. I have a special patience that one few have, and my mother has copd stage 4 on Constant oxygen 5 at litters.. I have her in my home and take care of her like I do all my residents but when this hit I had a choice stay at work possible get Infected and bring it home and kill my mother or stay home and just care for her. She didn't want to take me away fro. My patients she knew how much I did for them.. so she demanded I go to work and be the best hea I could be and not bring it home... and now it's the 4th wave and I did her proud.. and now I will have no job come Oct.31. All them I decided to stay for and be the best for is gonna be taken away from me 12 and a half yrs devoted to my job gone I donno who I am if I'm not her but I guess I'm forced to give up my career that I paid for and I earned.. and I perfected.. be I'm forced to contribute to an experimental treatment not even done proper tris and Don't know long term affects.. I just want to be me ..

### ***What does your profession teach about patient-professional relations?***

They have rights and I'm to respect them at any cost and if I see anyone being hurt mentally physically I will protect them and be there advocates.. I treat everyone of my residents as if they r family I care, I love caring it's who I am I know my role and am proud to serve it.

### ***Are the ethical standards you provide to others, provided to you?***

No, no respect only time they see u is if u do something wrong. Never praised for jobs well done.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

Well I have health problems at the moment and past 6 mths I have blood in my urine doing tests for next 6 mths and would appreciate the chance to deal with my health issues befor being forced into and injection that Is experimental still in trials and trials that were stopped.. is this constitutional is this humane I'm now on antidepressants for the last 3 days and going to see a counselor cause I'm not ok.

### ***Any addition comments about things not already covered.***

So much more but it hurts to keep going.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation        Licenced Practical Nurse  
Years of Service    15

Years Of Education    2

### ***What lead you to choose this career?***

Destiny and opportunity led me to my career. I was in the right place at the right time. I was fortunate enough to be offered the LPN course in my small town. Having a career caring for people on both a physical and emotional level has been one of the most rewarding choices I have made. I hope in my career I can help ease emotional and physical suffering. Help to ho our dignity for thise who feel tge loss of it in their suffering. To hold space for our dying and their loved ones. What makes me passionate about my career is knowing that I am needed and that I have worked hard at my skills to be a good nurse that I hope can make people feel the comfort and care I want them to have. Nursing is not for everyone and I feel if us nurses did not have the paasion we would not do it.

### ***What does your profession teach about patient-professional relations?***

What is important to me in my proffessional relations with my patient is their freedom of choice. What we are taught is the right to refuse, patient centered care, informed consent. This is in school and under the umbrella of AHS and instilled in us until now. However this ethic should not have to be instilled in us this is just common sence and good morals to me..

### ***Are the ethical standards you provide to others, provided to you?***

At the moment they are not being provided to me by being forced to take an experimental jab. I am having my right to refuse obliterated.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have been suffering anxiety due to loss of control over my own body. Fear for my family. Fear of the loss of a career I love. I have felt hopeless some days to the point of wanting to run but I cant I am trapped as there is no where right now that is not suffering what I am. I wake thinking of covid talk all day about covid and fall asleep thinking of covid. My colleagues have been bullies mostly indirectly by horrible coments about patient choices or by giving cold shoulder. This past month my anxiety/panic attacks before work is not facing covid patients and hard work its dealing with other nurses, management and staff remarks and judgement.

### ***Any addition comments about things not already covered.***

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Unit Clerk  
Years of Service    6

Years Of Education    1

### ***What lead you to choose this career?***

I worked as an oilfield medic and as an administrative assistant for oilfield companies in the past. I've always wanted to help people - especially those that needed encouragement.

### ***What does your profession teach about patient-professional relations?***

My profession has taught me - over and over again - that everyone has a story that shapes their experiences, their lens, and their beliefs. It is not up to me to agree or disagree with their choices, but to support them and care for them no matter where they are in their life's journey.

### ***Are the ethical standards you provide to others, provided to you?***

We are taught - and it's policy - that you should only know enough information about a patient to do your job adequately. During this tumultuous time of being bombarded by talks of vaccines I feel like my own personal information is being talked about freely and openly amongst my managers and co-workers. Patients are being talked about (in general) and society has decided that being unvaccinated equals being selfish.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have never, in any period of my life, felt the kind of stress and depression I have felt right now, due to the vaccine mandates. I feel like I need to choose between my integrity and the job I love that affords me to work with the patients I help and putting food on my table.

### ***Any addition comments about things not already covered.***

Vaccine mandates are the definition of coercion. AHS is not treating their employees like they would ask us to treat our patients. Our patients are afforded a choice in the treatment they receive - if we agree with their decision or not. We allow them to decline certain tests, treatments, and medications. We are being bullied into taking a vaccine that we don't have the long-term effects of - or we lose our job. It feels like AHS has us in a headlock and we are being ostracized while we try to figure out how to navigate ourselves out of it.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Health Care Aide  
Years of Service    10

Years Of Education    1

### ***What lead you to choose this career?***

My mom was a health care aide and really enjoyed it. I was working at a feed mill and my mom said I should take the HCA course. I wasn't ready at the time I guess cause I told her no. A few months later I got a casual job doing housekeeping in the hospital and that really wasn't what I wanted. I wanted to be more involved with the patients/residents. I was ready to take the HCA course!

### ***What does your profession teach about patient-professional relations?***

I just saw we all have a choice and neither one of us is right or wrong. We don't all need to agree on everything.

### ***Are the ethical standards you provide to others, provided to you?***

I won't force a resident to do something they don't want to do as long as it's safe and doesn't harm them! If a resident refuses a bath I'm not going to force them unless they are either smelly or really dirty or it's been awhile since they've had a bath.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I feel bullied cause I'm being forced to do something I don't want. It's not hurting anyone else. I will probably loss my job in the next month or so if I don't get the jab. I'm so stressed out cause I need to work, but do t want to put this experimental drug on my body. I also dont want to leave my coworkers short.

### ***Any addition comments about things not already covered.***

I'm not against get the jab, it's just to early and there's not enough studies I feel on the vaccine yet. Virus do t go away over night. Need to do more studies.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Administrative support  
Years of Service 29

Years Of Education 1

### *What lead you to choose this career?*

I found it interesting and I wanted to work in health care

### *What does your profession teach about patient-professional relations?*

I do not have direct contact with patients, I work in health records. I take my job very seriously especially the confidentiality standards that we are held to

### *Are the ethical standards you provide to others, provided to you?*

No they are not.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

It has been very difficult for me because I need an income. I worked all through the pandemic, terrified at first because we didn't really know anything about COVID and now I feel worthless because I don't want to take an experimental vaccine.

### *Any addition comments about things not already covered.*



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Clerical  
Years of Service    21

Years Of Education    1

### *What lead you to choose this career?*

I had always wanted to be in health care since I can remember, in whatever capacity that life lead me

### *What does your profession teach about patient-professional relations?*

compassion, respect and to honor privacy

### *Are the ethical standards you provide to others, provided to you?*

No, most definitely not. We are expected to be compassionate with the patient at all times. Abuse of a patient is sluffed off and not dealt with. I find little to no support from the employer as to the way we are supported.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I have experienced pressure from co-workers to get the vaccine and privacy of our status is non-existent. I can be fired for invading a patients privacy, yet mine is an open book.

### *Any addition comments about things not already covered.*

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Mental health clinician  
Years of Service    7

Years Of Education    6

### ***What lead you to choose this career?***

I love helping people and seeing them heal from their struggles; being a part of ones treatment and profession is a blessing.

### ***What does your profession teach about patient-professional relations?***

We also respect the clients we work with, without judgement. We are there to support and assist, nothing else.

### ***Are the ethical standards you provide to others, provided to you?***

It doesn't seem that way. It is unjust that I have to make a decision that has my career (and family) on the line. We are in a state of war, pure medical tyranny, and I feel as if our hands are tied. It's disgusting. It's pathetic. And for the first time, I am so disappointed to be Canadian.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I am disgusted. This whole thing is medical tyranny. It has given me panic attacks, anxiety, and depression. It is causing strain on my relationships and devision within my family.

### ***Any addition comments about things not already covered.***

This whole situation is bullshit. AHS should be sued for the violation of my constitutional rights and freedoms.



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Registered Nurse  
Years of Service 13

Years Of Education 4

### *What lead you to choose this career?*

To help, care, and make a difference for patients and families every day! I was in a serious accident as a teenager, and had amazing care in hospital. This encouraged me even more to become a nurse.

### *What does your profession teach about patient-professional relations?*

Advocacy of the nurse for the patient and their wishes is big! Now it seems there is no one to advocate for our choices.

### *Are the ethical standards you provide to others, provided to you?*

No, not now!

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I can not sit in our cafe, due to the signs at the table, I hear bullying in people's discussions, even though not all know that I am not vaccinated. There are different rules for nurses without vaccines, it feels very strange. I can see it getting worse!

### *Any addition comments about things not already covered.*

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation            Medical administration  
Years of Service    10

Years Of Education    2

### ***What lead you to choose this career?***

I chose this career to get into the health industry and although its not nursing I wanted to help others to make our system better and create better health care after loosing my mother when the system failed her when I was 6 years old. I love my job and I love my team however over the past 18 months I have lost any and all passion for the world I do.

### ***What does your profession teach about patient-professional relations?***

This is unrelated to my position in the medical field. I am always taught to listen and support when documenting patient complaints or concerns.

### ***Are the ethical standards you provide to others, provided to you?***

No they are not. I am not supported or listened to. I am told my hesitancy is incorrect due to AHS documents (documents I can type up and put AHS logos on to make look official myself) and any of the scientific studies I bring up or laws that this goes against don't count, my concerns don't count and my option doesn't matter. I have even herd some doctors state they don't try to save unvaxxed patients as hard as they do fully vaxxed as they made their choice.. same goes for nurses. They don't document adverse reactions to the vaxx properly, it's being pushed under under rug, They have gone against all the ethical agreements they agreed to when given their licenses and I've watched it with my own eyes. There is nothing ethical about what is happening in the hospitals in alberta.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I am forced daily to listen to how people who choose not to get this vaccination (because I am fully vaccinated in all other vaccines) deserve no health care, deserve to die of covid, deserve to be put in a tent outside to suffer, deserve not even to be able to get groceries, how they are embrarassed to be albertians due to the unvaxxed, how mandates work better than money and how managers want everyone vaccinated so everyone can just be cleared to work by WHS due to odd policies that don't really make logical sense that leave sick vaccinated people working. I leave work in tears, and high anxiety or am in tears for the rest of the day after I work from home. I am degraded, demeaned, I am made to feel like my life doesn't matter nor do my views in why I don't trust this science and that neither does my sons life, since they now want to start immunizing 5 year olds. I follow every single rule put forth to me except this one and because I don't follow this one all of my freedoms and liberties are taken away even though I'm probably more cautious then most vaxxed co-workers. I am trying to have another baby and am petrified I won't be able to have that baby in a hospital with the health care my taxes pay for or will be forced into something I am so severely against in order to safely deliver. I am loosing my income, I am loosing my career of 10 years in less than 2 weeks and I am truly greiving the loss of this place however I welcome the amount of stress

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

that will no longer plague me when I no longer need to log into that computer. Some days I have contemplated not wanting to be here anymore and from someone who suffers from mental illness to begin with the added duress AHS and the Alberta government and Canadian public has put on me has become far too much to function. I am scared to tell my family I am unvaxxed, I am scared to tell certain friends, I feel like a scum of the earth.. nobody looks at me for the person I am anymore and to have so many people judge me without knowing my true story and the real reasons I decline consent to this substance is a very heavy burden to bare. People forget who you were before this divide happened, it's mind boggling how a whole lifetime of history and knowledge of someones character proven time and time again could change with one disagreement..

### *Any addition comments about things not already covered.*

I have watched more friends and family get sick (mainly myocarditis and immunity issues) including those in the medical field from this vaccine than I have of covid. I am a young 30 year old and a lot of these people are also in their 30s to 40s who were previously healthy with no health issues or concerns before.. that in itself should say something especially now that they want to inject this into our children. A newly manufactured version for our children, I may add. Those words coming straight from the vaccine task force chair herself- scribed by yours truly for the minutes of their meeting.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Registered Dietitian  
Years of Service    33

Years Of Education    5

### ***What lead you to choose this career?***

I learned that good nutrition could improve health because my Mom fed us well on the farm. I wanted to help clients navigate the science and see what changes to their diet could be made to improve their health and that of their families. Nutrition affects physical and mental health and why not optimize that instead of relying on meds, which always have side effects?

### ***What does your profession teach about patient-professional relations?***

Yes, we have been instructed to present information in a way to show it is a choice. The words "you should" are not to be used because it is always their choice.

### ***Are the ethical standards you provide to others, provided to you?***

No, not previously, and especially not now. I felt guilty into getting flu shots (but not last year) & now the vax mandate, which is against our human rights!

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

Anxiety, fear, loneliness, anger, profoundly discouraged. I don't want to lose the job I love!! I need the income for food and mortgage & to eventually get my pension. My sleep & digestion are negatively affected. I was fighting with my family but thankfully they now respect me.

I can only talk to 1 co-worker about this since all others blame the unvaxxed, and believe the lies of our government.

### ***Any addition comments about things not already covered.***

AHS has policies against bullying and yet they are bullying us!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Dental Hygienist, RDH  
Years of Service    30

Years Of Education    4

### ***What lead you to choose this career?***

To help educate the public on the importance of taking control of their own health, and that their oral health status is linked to their current and future overall health status. The way to prevent disease is in their own hands mostly by doing the necessary things daily by making good healthy decisions on what goes into their bodies, on all level. We all all one. What happens is the mouth, transfers to the entire body where the blood circulates. Providing clients with ALL of the information for them to make an informed choice and decision and never hiding anything, to be completely transparent. When the public is given all the information and data, is the only time they can give informed consent to anything.

### ***What does your profession teach about patient-professional relations?***

We work collaboratively with other HCP. What happens in the mouth affects the entire body. Once patients have all the information they make a choice, whether we agree with it or not doesn't matter. It's ultimately the patients choice and we provide the care as ethical appropriate without shaming or blaming patients for their choices.

### ***Are the ethical standards you provide to others, provided to you?***

We all have a right of choice. That is our human rights as stated in the human rights act. No one should be forced to do anything inside or outside their bodies that they ethically do not agree with. Informed consent can only be given with all information provided. By trying to mandate vaccines in anyone, HCP or not, it does not matter. By trying to do this, goes against all ethicality and violates every humans right of choice.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

This vaccine mandate that is being talked about and forced upon many creates undue stress, which leads to inflammation, which directly affects people health. Every known disease to humans is inflammatory based. Bringing about undue stress into another, means the party causing and enforcing these human right violations are negatively affecting the entire human race. By making vaccines mandatory it will directly affect in a negative way the access to patients care because dental offices are already running short staffed, if this mandate happens they will loss another 30% of staff. We can't help people when we don't have proper staffing, equipment, finances to buy necessary items etc. I personally will not be forced, bullied or coerced into doing anything, including mandatory vaccines without having all the information to provide informed consent. I am not a test subject, nor will I ever be.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

*Any addition comments about things not already covered.*

There is a reason why the Polo vaccine was stopped in 1972. Because over 20 people died after receiving it, which was directly related to the polo vaccine. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/adverse-events.html>

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Registered Nurse  
Years of Service 9

Years Of Education 4

### ***What lead you to choose this career?***

Caring for people in their time of need. Mom was a nurse, and as a child I used to watch her get dressed in her uniform and feel so proud of her because I knew if she cared for patients as she cared for me, they were in good hands.

### ***What does your profession teach about patient-professional relations?***

Patient centered care. Medications rights - right medicine, right time, right route, right reason, right patient, RIGHT TO REFUSE. I always allow for informed patient consent when giving meds. If a patient does not want to take a med, I say "you are well within your rights to decline". I don't judge, or treat them differently. I don't chart, "refused", I chart "declined" to avoid language that sounds confrontational.

Also, we are required to conduct ourselves according to evidence - based practice models, but have been provided with no evidence for continuous mask wearing or off the efficacy and safety of the new mRNA vaccines.

### ***Are the ethical standards you provide to others, provided to you?***

The ethical standards I provide in my profession are not afforded to me. I am not allowed to drink water on my unit during shift unless to retreat to the tiny back boot room. It is a show closet that used to be a bathroom. They have had to remove parts of the old tub due to mildew. They call it our drinking station. It smells and I feel clostriphobic in it. So I have to drink water on my break only. Also, I am threatened to be put on unpaid leave of absence if I don't take the jab. I have deduced from all that I have read that I am better off taking my chances with the virus, which I may very well have already contacted and developed natural immunity too. I have not been provided any information in the form of randomized controlled trial studies which validate the safety/efficacy/ or even the necessity of the vaccine.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have become inconsolably sad and distressed to the point of having physiological symptoms. I am struggling mentally to find strength to carry out daily tasks on my days off. I spend my free time dreading the future with no job and dreading the day I am scheduled to be back at work. My relationships are strained because people are tired of hearing about my dilemma and don't understand my struggle. I feel isolated and powerless and without how for a solution.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

I have a family history of suicide, both of my parents took their lives when I was a young adult. I have periodically struggled with the temptation to seek out that permanent solution to temporary problems throughout my adult life, but have overcome the temptation by developing healthy coping mechanisms. I have taken good care of myself with a health promoting lifestyle. I am a conservative person when it comes to medication, trying to use cognitive behaviour therapy and positive healthy lifestyle practices to make improvements in any issues I face. I have worked hard to stay alive, healthy and be able to contribute professionally and socially. Now, I am being forced to deny who I am and follow blindly despite what i think and how I have been taught to practice my nursing skills. None of it makes any sense and I feel completely lost.



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation LPN/ORT ( Operating room scrub tech)  
Years of Service 26 Years Of Education 2

### ***What lead you to choose this career?***

I was drawn to nursing as a young girl. I Loved helping others. I graduated from LPN program in 1995. I have worked in nursing homes, Burn unit, Emergency department, Rehab, float pool, neuro, ortho, urology floors. Also in a blood clinic, and in an IV team. And in an operating room. I have loved every job that I have done! And I take pride in my job and my patients have made comments like I hope your my nurse tomorrow! I love my patients and I love treating them with the upmost respect and dignity they deserve. I have always treated everyone with respect! AND NEVER JUDGED A SINGLE PERSON I HAVE TAKEN CARE OF! Some patients have chosen not to have some form of treatment. It has always been their choice to choose what they have done to their bodies! No judgement! Their choice! And never has my care for them changed! This past year has made me not enjoy my work. I don't love it like I use to. I have been treated differently by co-workers. I had a co-worker say to me that she didn't want her tax dollars to pay for me if I end up in the hospital! I am hurt by how people are treating the unvaccinated! I'm not anti vax. But I like to see the proper research done for these vaccines so they are safe for everyone. And having this being forced on me and everyone goes against everything I believe in! We all need to do our own research and decide what is best for us. And right now this is not something I'm not willing to do.

### ***What does your profession teach about patient-professional relations?***

We respect others! We respect their choices! No judgement on anyone! We treat everyone with love and respect! And we take care and help each other!

### ***Are the ethical standards you provide to others, provided to you?***

No! I respect others choices and no judgement is made for their choices! Right now we are trying to be forced to put something in my body that I don't want! Who gets the right to tell me what is done to my body! And other nurses I work with are not understanding of my choice and are treating me differently.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

Some co-workers and past coworkers have sent me messages about being vaccinated one nurse stated she does not want her tax dollars to pay for me if I end up in the hospital! The staff room is constant talk about how the unvaccinated are so stupid and how they should not receive health care if they are hospitalized. One general surgeon actually stated that our emergency cases should be done according to vaccinated and unvaccinated!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

*Any addition comments about things not already covered.*

I have cried more over this than I have anything else in my life! I have anxiety about going to work! I'm not always sleeping the best! My stress is higher than ever before! I'm tired! And I'm sick and tired of being treated like I don't matter! When my whole life has been treating everyone with love and respect!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Health Care Aide  
Years of Service    4

Years Of Education    4

### *What lead you to choose this career?*

The compassion for the residents and seeing their smile Is so priceless. I love helping people

### *What does your profession teach about patient-professional relations?*

When the patient tell you thank you, it teaches me that I learn and understand the patient

### *Are the ethical standards you provide to others, provided to you?*

I don't judge. Everyone has a choice

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

The impact at LTC , stress levels are extremely high do to shortage of employees do to the vaccine. The respect to others are not addressed at all

### *Any addition comments about things not already covered.*

Dealing with stresses, please move on before you get very sick. No one deserves all this stress thrown at them.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Paramedic  
Years of Service    0

Years Of Education    0

### ***What lead you to choose this career?***

Wanting to help people in their time of crisis while being constantly challenged in diverse environments in ever changing world. I love my job as I get to help people and their families.

### ***What does your profession teach about patient-professional relations?***

Be respectful, educate where you can and treat everyone regardless of their choices with kindness, respect and compassion.

### ***Are the ethical standards you provide to others, provided to you?***

I am being forced to take a vaccine treatment against my will, yet if anyone under my Care refuses I am still expected to deliver care with no discrimination for their choice.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have lost support of coworkers that risk my safety. I feel isolated and made to be an enemy for my stance on mandated vaccines. I am being threatened to lose not only my job, but my

Livelihood and will not be able to provide for my family.

### ***Any addition comments about things not already covered.***

I have stood beside and supported my coworkers since the start of covid. And now when we are at an all time low (no support from

Management, the media, the public) and we should be sticking by and supporting each other more than ever - those who choose to not vax are being made to be the enemy and swarmed and bullied by those I work with. This whole environment is not helpful and will only further health care workers taking their own life due to the isolation and depression.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation        HCA  
Years of Service    10

Years Of Education    3

### *What lead you to choose this career?*

I chose this career as an HCA because I love caring for others. I don't consider it a job. I enjoy going to work every day. To see the face of a senior light up when you enter a room is all worth it.

### *What does your profession teach about patient-professional relations?*

We are to leave our opinion at the door. It is always about the Residents. As long as they are happy, healthy and cared for. I have met their needs.

### *Are the ethical standards you provide to others, provided to you?*

I don't think we are ever given the same respect as our Residents. I have had a Resident yell at me until I was in tears. I reported it on safety net. Got a call from manager who told me next time leave the Resident. Oh so the Resident is allowed to do this?

I was doing a bath, I couldn't leave them.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I have been in a heightened state of anxiety since early September. I check work email every day waiting for the discharge letter. I feel like I'm treating differently by coworkers. Some know my stance, I'm sure they all do.

I feel sick to my stomach coming to a place I always considered my happy place. I have had a rash on my body since February. It can't be explained. I have checked every possible only to come back to 'shedding.' As every Resident I am in contact with have had 3 doses. I take benadryl every single night to sleep so I don't lay awake scratching.

### *Any addition comments about things not already covered.*

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Heath Care Aide  
Years of Service    25

Years Of Education    25

### ***What lead you to choose this career?***

I used to work as a hairdresser first at a facility and one of my co workers encouraged me to come on the floor it took 2 years but I finally did loved it still do !

### ***What does your profession teach about patient-professional relations?***

Everyone has an interesting story , never judge ,go in every shift and try to make it a better day for your residents!

### ***Are the ethical standards you provide to others, provided to you?***

Not at all , If someone doesn't want to eat sleep bath take theit meds you respect their wishes !

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I will just walk away , I am still in shock over this this is not the Canada I grew up in my ancestors died in the war for our freedom now its been taken away!By having it shoved down our throat just makes me and mine stronger !

### ***Any addition comments about things not already covered.***

Ive told a few of my residents that next month is probably my last to work one started crying another just said no do you think the government has though of the implications of doing this to our elderly sometimes the residents cant see their families now their taking away staff that the residents look at as family has our government no shame !

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Health care aide  
Years of Service    7

Years Of Education    1

### ***What lead you to choose this career?***

Because I used to help my grandma take care of my great grandad. Watched my aunt work as an RN and thought caring for our elderly would be something I would be good at. Serving others is what I am passionate about and I am great at my job.

### ***What does your profession teach about patient-professional relations?***

Our residents have the right to refuse. Where is our right to refuse?

### ***Are the ethical standards you provide to others, provided to you?***

Our medical choices are being violated. When our residents had the choice to refuse the vax. We the unvaxxed have been taking care of the unvaxxed for the last 19 months. Why let us go now?

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have come home from work crying for days in a row because I know that my residents are going to be the ones effected by this. The residents who I hold hands with, wipe their tears away, give hugs too, am told "I'm so glad you are here today to take care of me." And "I love you like a niece. Can I have a hug?" These people will be the ones impacted when my workplace will be left so short staffed. These people won't get to the toilet on time. Leaving them to soil themselves. They won't get fed their meals while they are still warm. Their level of care is going to go way down.

### ***Any addition comments about things not already covered.***

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Long-term facility Healthcare aid

Years of Service    1

Years Of Education    1

### *What lead you to choose this career?*

I wanted to be able to care for my sweet grandmother but sadly she has passed in the last year. I also want to care for beautiful souls just like hers and make a difference in the last days of someone's lives.

### *What does your profession teach about patient-professional relations?*

I like to think along the hypocritical oath lines, everyone deserves my best care no matter if their views don't match mine.

### *Are the ethical standards you provide to others, provided to you?*

Freedom of choice. Whether it matches my own beliefs or not. I want to care for each person how I want to be cared for.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I was forced into my first injection or my school wouldn't let me finish my HCA course. I refused to be bullied into my second. I have contracted covid through caring for my residents, passed it onto my young family, and now we all have antibodies. It doesn't make sense to me to not have exemptions for people with natural antibodies.

### *Any addition comments about things not already covered.*

I want to fight for my right so down the road I don't need to fight to protect my three sons aged 9, 5 and 4 down the road.



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      RN  
Years of Service    15

Years Of Education    4

### *What lead you to choose this career?*

Because I knew I would be able to make someone's day better, everytime I went to work.

### *What does your profession teach about patient-professional relations?*

Respect. Autonomy. Choice.

### *Are the ethical standards you provide to others, provided to you?*

No.

I have to respect my patients decisions and right to choose, whereas I am being told I don't get to make a choice about my own health and wellbeing.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

It is incredibly stressful. I like my job, and interacting with patients. I don't want to leave it. But your employer dictating what must happen to your body is illegal, unethical, unconstitutional, and a very slippery slope.

I worry about my ability to provide for my family, what I should move on to, if I will ever be able to work in healthcare again.

### *Any addition comments about things not already covered.*

This is not right.

We all get to make choices as to what happens with our body, even if they are harmful to ourselves, others, or burden the healthcare system.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      RN  
Years of Service    40

Years Of Education    2

### ***What lead you to choose this career?***

I wanted to help people; I wanted to especially have a profession where I could listen, communicate and help with medical issues with compassion and empathy.

### ***What does your profession teach about patient-professional relations?***

To develop a patient nurse TRUST relationship. To treat my patients with respect and dignity. To help them navigate through a system that is complex but that does give them assistance. To look at whole families together as one with compassion understanding skill and competence.

### ***Are the ethical standards you provide to others, provided to you?***

\*\*\*\*. NOT ANY MORE

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I feel grief beyond measure. I have heard my colleagues and Physicians whom I thought I could trust speak of the unvaccinated as now the "hunted". I am unable to speak to my closest friends as they don't understand the enormity of my situation. I can't express to my circle of support what I hear from the hospital as they would be terrified to go in as a patient if they are unvaccinated.

### ***Any addition comments about things not already covered.***

I would have to sell property to exist and I cannot do that in 8 weeks.

I do not want to go to work and when I do - I have NO energy for my patients or for myself

I watch my coWorker develop chest pain and shortness of breath and be afraid to go to the emergency ward. ( where she works!!)

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation             Medical Lab Assistant/Nursing Student  
Years of Service        2   Years Of Education     3

### ***What lead you to choose this career?***

I chose Medical Lab Assistant to support myself while attending nursing school and to gain clinical experience in the hopes of becoming a better nurse

### ***What does your profession teach about patient-professional relations?***

Treat everyone as an individual, practice therapeutic communication, and integrate trauma-informed awareness into relationships.

### ***Are the ethical standards you provide to others, provided to you?***

Right to Privacy and Right to Confidentiality - I must keep patient information confidential and attempt to keep the conversations with patients private.

Autonomy - If a patient refuses bloodwork or nursing care, I must respect their autonomy and not force the treatment or care.

Justice - I must advocate for my patients and co-workers when I see something that violates their rights

Non-maleficence - I must not do anything that will intentionally harm a patient without reason ex. taking blood may "harm" a patient but the diagnostics of bloodwork will help the patient

Beneficence - I must provide the best care and do good for the patient.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I will no longer be able to attend university, attend nursing clinical, or work at the job I have held for years to put myself through university.

I am no longer able to enter establishments that a year ago gave me discounts for my frontline work.

### ***Any addition comments about things not already covered.***

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Registered Nurse with my Bachelor's degree in Nursing and a Neurology Nursing Certification

Years of Service 15 Years Of Education 4

### ***What lead you to choose this career?***

I became a nurse because I have always wanted to help others. I had gotten into an accident when I was in high school which landed me in the hospital for a couple weeks and just solidified my belief that nursing was where I belonged. Then my grandfather had a stroke when I was in grade 12, which made me passionate about stroke patients and their care. Once I got out of University, I had many options but stroke and neurology nursing was my choice and I have been there ever since.

### ***What does your profession teach about patient-professional relations?***

One thing you realize early on in nursing is a good portion of your job is caring for people who make poor health decisions, but no matter what the patient may have done to themselves or others, or whatever health ailment has brought them in for help, they are still entitled to decent healthcare. As a health care professional we are expected to provide education to clients about treatments, diagnoses, diagnostics, medications, etc so they can make an informed decision about how they want to deal with their health. Often people will agree with the doctors treatment choices, and others they decide they do not want to follow the treatment options even if they are in their best interests. As a nurse I am often the one who is there to advocate for the client, both to the rest of the healthcare team and to their families. When it comes right down to it though, no matter what I, or the healthcare team recommend, if the patient doesn't want it we need to respect their wishes.

### ***Are the ethical standards you provide to others, provided to you?***

Since the Covid 19 vaccine mandate at the beginning of Sept 2021, no, the ethical standards I must uphold for my clients, are not being provided to me. For one the information sources they provide only tell the information they want us to be aware of and is not able to completely answer many of the questions myself and others in my position have. And for another they seem to feel they have the right to force me to take a medication, in form of a vaccine, which is still in clinical trials with limited effectiveness and a growing list of side effects, against my will, in order to work for them.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

So I am one of the few who have chose not to get vaccinated thus far on my unit, and for the most part survival on the unit has been keep your mouth shut and don't talk about it. You often feel like you are walking on eggshells around most people and are o tend to be around when others feel the need to bad mouth those against the vaccine. This results in biting my tongue from getting into an arguement about it because many of them are very set in their ways and reluctant to hear anything against their current belief.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Since hearing about the "mandate" for the vaccine at work, I have literally been on an emotional rollercoaster. Lots of self doubt; questioning if what you are seeing is correct or if maybe you are fooling yourself; increased negative comments from coworkers and people in general about anyone against the vaccine; extreme anxiety and depression; wondering how you can survive without your job; weighing whether your job is worth getting something you don't believe is safe or effective just to have the paycheck; what other options are there for employment, if any; extreme grief knowing they want you to leave because it is like losing a part of your identity, and many more all at the same time. All of this puts your body under such stress you start feeling sick, often with headaches, extreme anxiety, trouble sleeping or stomach aches but also causes you to get run down and more susceptible to colds. I was so bad my doctor wanted to put me on an immediate short term stress leave but I declined because financially it makes more sense to work as long as I can. I can rest once on LOA, if it actually happens. If that happens my income will be nil. My husband still works so it isn't the end of the world short term but if this is a long term thing it will mean finding a new job that doesn't require the vaccination, which at the moment are few and far between and may mean going into another profession just to pay the bills. Or it may mean trying to set up something privately myself but that is hard for a nurse to do by herself. Lots of unknowns which just add to the stress.

Now I could always take the easy road and just give in and take the vaccine, so I can keep my job, but unfortunately the growing list of side effects from the shot and the decreasing effectiveness against the covid variants make it harder and harder to stomach. I have 3 young kids who need me. I trust my immune system to do its job.

Due to my choice it has now made it so I am unable to go into many businesses. Most of the time it doesn't bother me. If you don't want my business that is fine. The one time it really bothered me was for my youngest child's preschool. Initially we didn't think he would be able to continue his classes because it takes place in a city building, so I am not allowed to enter without a vaccine passport. My son was devastated. Eventually the school did come up with an option where unvaccinated parents could drop the kids off at a door that can be accessed from outside. We are still not allowed in the building but at least he can still go do something he loves. Going to that other door though just emphasized how hard they are trying to divide people.

My other 2 kids had great hopes of being able to participate on sports teams this year but again unvaccinated parents are not allowed in the building, so we would not even be able to help them get ready for practices or games (unless done elsewhere), and we would have to drop them off at the doors, hoping they would get where they needed to go on time and we would never be allowed to watch unless they played in a different facility with different rules. This might be ok for older kids but when kids are still in elementary school this is too much for them to take on, on their own. Again more heartbreak for my kids.

Yes it looks like we have given up lots to stick up for what we believe: a job, kids sports, almost a kids education, the freedom to go into any place and do any activities that we want. But we feel the right to

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

choose should be everyone's choice for what is best for them, not what the government dictates for us and that their dictatorship over people needs to stop. It would be one thing if the stats were in favour of the vaccine (and the ones they want people to see often are), but the true stats grow more daunting by the day. Mandates, and vaccine passports are not the way to go. They will only increase our staff shortages, in areas we can't afford to be any shorter than we already are, and increase fear and division between the people. We want people to realize that we are all better together, despite our differences. We have made it through so much already, we can make it through this too!

*Any addition comments about things not already covered.*

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Unit clerk  
Years of Service    24

Years Of Education    13

### *What lead you to choose this career?*

I took care of my Dad when he was dying and I knew I wanted to help people. To give compassion. To love people.

### *What does your profession teach about patient-professional relations?*

I felt the reward of helping my Dad in his last days. I have always loved to give myself to others in need..

### *Are the ethical standards you provide to others, provided to you?*

No I am not being afforded the choice

CARES:

COMPASSION

ACCOUNTABILITY

RESPECT

Excellence

Safety

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

With Alberta health services we are taught the CHOICE is always the patients. They have a CHOICE. Now after 18 months of working in a clinic with no glass in front of my desk, I admitted every patient and did not contact them personally. I took my chances admitting the patients but I wasn't afraid as we know people. PPE. Now I am being turfed out of my job because I will not take the Jab. The day after the AHS memo came out, within 18 hours I had a Dr. Get extremely angry when he found out I wasn't vaccinated. I was respected the day before, the next day utterly disrespected and left for dead by words and actions.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

Working at the hospitol for 24 years, the people were my second family. They were my mentors. I strived to better My learning for my Job. Now facing the coehersion from AHS I feel that the violated. I feel used. Violated. My coworkers do not want to be around me. I have thought long and hard about the Vax. Everytime I thought about it I was near vommiting. The other choice is stand my ground by not taking it. I have thought long and hard of this choice as well. Allow me to say, I will lose my pension, I will lose my benefits, I will lose my work family. I will have to sell my house. I may become homeless if I can't find a.job in the future. And with all of these cons I feel more peace with this desicion. I would dance with a covid patient before I take the poison. It has been my honor to work with the AHS of the past. This new AHS that can throw valuable staff member new and old. They have no respect. It makes me sick. They don't care that they are destroying lives. Give the severance that is owed to youe workers



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Paramedic ACP  
Years of Service    25

Years Of Education    4

### ***What lead you to choose this career?***

to help people in our community that requires help

### ***What does your profession teach about patient-professional relations?***

It is remarkably important....as part of training we are taught to respect a persons personal beliefs even if we dont agree with the decisions made.

### ***Are the ethical standards you provide to others, provided to you?***

Everytime there is a medication or treatment given i explain all the adverse reactions, how they will feel, what is the benefit, if they refuse i ask if i could clarify there questions....and then respect the final decision

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I am constantly stressed, domestic fights with my wife, short with my kids, not wanting to go to work due to bullying.

### ***Any addition comments about things not already covered.***

I am not against vx...however i am against being forced to take something that does not have long term safety data to support the treatment. I also have seen a number of patients who have had adverse reactions to the vx...

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation        REGISTERED NURSE  
Years of Service    13

Years Of Education    5

### ***What lead you to choose this career?***

I went back to school later in life after travelling and seeing the effects of health experienced in impoverished countries. I thought after my children were grown that I may travel back and see if I could make a difference.

I finished school at 36 but by then my goals had changed and I decided to farm and continue my career as a nurse here in Alberta and stay close to my family.

I have always been proud of saying I was a nurse. I loved helping those who needed it regardless of why they needed. I never judged. You see I had a child very young and was judged plenty. It had a huge effect on me mentally but I guess it also challenged me to be a beer person for my son. I cared for my patients as I would want someone to care for my family. Without judgment. Yiu see nobody wakes up one day and says I want to be a drug addict or obese or a smoker or this or that. Sometimes things in life just happen. Regardless of decisions these are someone's loved ones and I was honored to be there to provide for them in their moment of need.

### ***What does your profession teach about patient-professional relations?***

YOU DO NOT JUDGE!!!!

### ***Are the ethical standards you provide to others, provided to you?***

I have never been more ashamed of the health professionals I worked with. To hear them say that the unvaxxed should be left to die or should be denied health care. Should be locked out of society. It's really beyond words. This is happening in every hospital. Beyond disturbing. Ethics are out the window

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have been shamed, chastised, told I'm going to kill people. Told I need to take off my tin foil hat. Told that left thinking liberals are proven to be more intelligent than right conservative thinking people. I've spent the last year of work eating my lunch in the locker room due to the bullying that takes place in our department. I've stopped speaking with my peers, I've stopped socializing at work. I've shut down which eventually lead to me taking an unpaid LOA July 1 2021 after 13 years.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

They say to follow and listen to the science yet silence any science that doesn't fit the narrative. Since the rollout of these jabs I've seen levels of pulmonary emboli in 6 months that I've not seen in 13 years. Increased strokes, shortness of breath, heart problems and vaginal bleeding/ miscarriages.

But this is blown off. Not reported. Not acknowledged as being potential side effects. It's amazing how intelligent individuals can be so brainwashed with 24/7 reiterating of propaganda that's being spewed that they have completely shut down any discussion of the science. It's shameful. I was once proud and now so ashamed that I will never return to a professional I once loved.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Health care aide  
Years of Service    1

Years Of Education    1

### ***What lead you to choose this career?***

I love helping out the older generation who can't do it for them selves anymore cause they have done so much for us. Love my job wouldn't trade it for anything besides my freedom of rights

### ***What does your profession teach about patient-professional relations?***

We need to stand up for there rights and advocate for them when they can't. It's so rewarding. There all like family and I treat each and everyone of them like family

### ***Are the ethical standards you provide to others, provided to you?***

I'm being forced into taking a vaccine which is against my rights as a human. It's not that I don't believe in vaccines just not when they in trials I like to know what is or could happen to me from taking it before I take it.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have to leave my career and my love for my job from being forced to take the vaccine

### ***Any addition comments about things not already covered.***

This is so wrong. I love my career and I wouldn't have had it any other way. But I won't put something in body that there not even sure what's going to happen to me. My body my choice

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation RN  
Years of Service 20

Years Of Education 4

### ***What lead you to choose this career?***

I valued bringing science and helping others together with the ability to learn more as advances or made. Also various opportunities within health care.

### ***What does your profession teach about patient-professional relations?***

Ethics

Autonomy

Patient advocacy

The list is endless

Patient support regardless of my own bias. For example accepting or refusing blood products. Medical assistance in dying etc. My job is to support, educate and advocate not decide for them.

### ***Are the ethical standards you provide to others, provided to you?***

Mandatory vaccination has taken all choice away from me. There is no choice when my options are to vaccinate or fold completely and go bankrupt.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have never in my life considered a career change, I am currently actively looking for a way out. I have also applied to write my NCLEX And have spoken to a recruiter in the United States and looking to move to a country I can afford to live in and have my own autonomy over my health choices.

### ***Any addition comments about things not already covered.***

I am a critical care nurse and have worked in ICU the last 17 of my 20 years as an RN. I work in Edmonton. I am NOT an anti vaccination individual. I DO NOT support mandating anyone's medical decisions. This is grossly overstepping. Out of all the stress caused by COVID, this is by far the worst. It's divisive and absolutely insane to think it's being allowed and promoted.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Registered Nurse  
Years of Service 11

Years Of Education 4

### *What lead you to choose this career?*

To help and care for people in their most vulnerable place in their lives.

### *What does your profession teach about patient-professional relations?*

Our profession teaches us that no matter what peoples choices are even if they are harmful to themselves we have to respect those wishes and care for them no matter if the decision they choose agrees with our personal decision.

### *Are the ethical standards you provide to others, provided to you?*

These values are not being used for the medical profession. I feel like I am told either get it or don't get care, don't have a job, don't go out. They are punishing us for having our own decisions on our personal care because it doesn't agree with AHS.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

This mandate has terribly affected my mental health. I have been doing lots of research, not the research people are doing from the media. This has impacted my relationships in many way because some people are very for the mandate and some people that don't care anymore to do any more research either because they had to get it for their jobs or they can't mentally deal with it either. We are told by the pro vax that we need to "trust science" but yet now that the vaccine has been around how long enough we are getting more data in the vaccine like short term problems. We are told as health professionals to think critically but yet are told that we are spreading misinformation when it had been shown from credible resources. It's feels like we're getting gaslight by people because they either don't want to see how this vaccine doesn't get us out of the pandemic or that they're aren't any side effects or death from the vaccine because that is what they are told non stop on the news.

### *Any addition comments about things not already covered.*

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation MD, Anesthesiologist  
Years of Service 10

Years Of Education 16

### ***What lead you to choose this career?***

I chose this career to be able to make impact on patients's well being and lives. This is the only job I enjoy doing tremendously and do it well.

### ***What does your profession teach about patient-professional relations?***

My profession teaches to respect patient's wishes and allow to make informed decision based on the information provided to them. Even if I have different opinion about the interventions I still have to give them freedom of choice.

### ***Are the ethical standards you provide to others, provided to you?***

No. I am being forced to accept vaccination without proving me with clear information about the risks and benefits and unknown risk of long term side effects. I literally have no choice because it is either vaccination or losing the job that I worked so hard for.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

For the past month and a half I am experiencing extreme stress and frustration that affects all aspects of my life. I definitely don't want to lose my job and want to know who will be accountable when I experience side effects in the long term.

### ***Any addition comments about things not already covered.***

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation RN  
Years of Service 14

Years Of Education 5

### ***What lead you to choose this career?***

I have always tried 'helping' people. Even as a child. I was convinced to become a nurse after speaking with my L&D nurse after giving birth to my oldest son and becoming a single mother. I went to back to school when he was 4 months old to become a nurse.

### ***What does your profession teach about patient-professional relations?***

Everyone can make their own choices when it comes to their health. We as professionals can offer every piece of advise and care but the choice on their care is always theirs.

### ***Are the ethical standards you provide to others, provided to you?***

Respect. Autonomy. Finding solutions that work for them to achieve the best outcomes.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

Depression. Anxiety. I've been pushed out of a clinic I've worked in for several years I didn't get to say goodbye to any of my patients. I'm on my second stress leave this year. People are vicious, mean, rude and no longer care about their fellow man. There is a huge lack in humanity. I no longer want to be a nurse.

### ***Any addition comments about things not already covered.***

I am actively looking for a career change. Healthcare in general now disgusts me. This comes directly from the actions of AHS, government, CMOH, and the media. This is not healthcare anymore. This is not why I became a nurse and I no longer want to a part of it. I am embarrassed. The public has lost so much faith in "professionals" that I no longer feel proud about it, and will not be party to whatever this medical system has become.



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      HCA  
Years of Service    2

Years Of Education    1

### ***What lead you to choose this career?***

I love love love my job! It is not a job when you love what you're doing!! I have huge passion and love to help humanity in whatever way I can young or old

### ***What does your profession teach about patient-professional relations?***

Show kindness care and compassion without discrimination!!!

### ***Are the ethical standards you provide to others, provided to you?***

Not always!

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have felt the effects of being discriminated against!!

### ***Any addition comments about things not already covered.***

We need to fight against tyranny in the medical system!! The very things we have been trained for is being stepped on with big dirty boots being worn by big dirty bullies!! We cannot let them win!!!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      PCP/FF  
Years of Service    6

Years Of Education    2

### *What lead you to choose this career?*

Helping people, passionate about making the world a bit better.

### *What does your profession teach about patient-professional relations?*

Always be respectful and remember not everyone has the same beliefs or background that you do!

### *Are the ethical standards you provide to others, provided to you?*

Consent is always asked for when possible, unless someone is unconscious. I would never for treatment on any one of my patients. I would never force someone to have an injection against their will.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I feel like I have no choice, lose my job, the thing I love doing. Lose the security I have in life. Be forced to make myself small, and pleasing. All I am trying to do is stand up for my beliefs. Stand up with science, when someone ask me my opinion they are asking a medical professional. Just just anyone and I will be honest about the shot and the things I have seen.

### *Any addition comments about things not already covered.*

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Paramedic  
Years of Service    5

Years Of Education    2

### *What lead you to choose this career?*

Helping people in their time of need. To make one of the scariest days of their lives just a little less scary

### *What does your profession teach about patient-professional relations?*

It's informed consent. It's taught on day one of every school program in the province of Alberta and I think any health care course in the world.

We need to tell the pt what we would like to do for them and how we're going to do it and then the patient has to agree to it prior to us providing that course of treatment (ie. medications, IV therapy, etc.)

### *Are the ethical standards you provide to others, provided to you?*

I was told last month that if I didn't want to get the Covid vaccine I would no longer be employable by the company I have worked for since 2018.

I offered to pay for testing every 3 days to prove I'm Covid free but that was not good enough. I'm told I have to get the vaccine. Even though with the vaccine I can still get Covid and transmit it others (my patients) whereas the swap will be a guarantee I am not a carrier.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I have been under extreme stress the past few weeks. Not sure how I can provide for my family, the patients that may die because I'm not allowed to work and they don't have the staff to be able to keep the ambulance in service (my last 6 days off they could not staff the truck and the ambulance was shut down). Also the animosity between co workers over this has been hectic. Everybody has their claws out and it's an angry work force. People have been getting into arguments, get called names, and then slandered behind their backs when they're off shift. I currently dislike my work environment so much that I've applied for another job just to be in a happier workplace. I know I will miss helping patients though

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

I feel this extreme overstep of privacy by AHS and the Alberta government is an in appropriate intrusion into our personal life choices.

I have worked for a lot of companies and have always dreamed of working for Alberta health services but now that I'm here I'm disappointed. I have poured blood, sweat, and literal tears into this company and they don't seem to care at all.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Living support services  
Years of Service    10

Years Of Education    6

### *What lead you to choose this career?*

I made inially wanted to be a police office, my education is eriminal Justice. My first job was working with youth at risk for Hull services. Than I started to work for supported living, working with adults with disabilities. I want to be a voice to those who don't have one or whose voice is not heard. I want to be be a part of something bigger than myself.

### *What does your profession teach about patient-professional relations?*

That it's not about what I want or what i believe . It's about quality of care and the client is the focus.

### *Are the ethical standards you provide to others, provided to you?*

No since the start of the pandemic I and my co workers we have been treated poorly. And thank our jobs put on a forced vaccination as part of our employment. We have worked through the whole pandemic with people who have been sick. All of our clients are vaccinated. So why do I have to give a false sense of security to those that are vaccinated.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I have hated myself, I have lots respect for myself. I have lost family who have thought I was selfous. I haven't even wanted to hurt myself. I have felt dirty and shameful.

### *Any addition comments about things not already covered.*



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Health Care Aide  
Years of Service    12

Years Of Education    1

### ***What lead you to choose this career?***

I chose this career because I wanted to help people. I wanted to walk beside them and support their families and be there for them when their families couldn't be. I wanted to bring joy and help make their senior years better. I wanted to take care of them and advocate for them when no one else would

### ***What does your profession teach about patient-professional relations?***

We are taught to respect our patients and their beliefs and their independence no matter what. We do not force them into anything. We respect their choices and we seek to encourage their independence in every way possible.

### ***Are the ethical standards you provide to others, provided to you?***

My choices and my beliefs are not being respected by AHS. I'm being coerced into taking a vaccine that is not proven to stop infection with Covid or transmission of Covid. My right to decide what goes in my body is being overruled. My right to refuse medical treatment is being ignored.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have sacrificed so much for my clients in the past 18 months in order to be able to show up for work and to keep them safe. I eliminated my social circles, I followed all the restriction rules, I take a dozen supplements every day, I didn't go to church for months, I didn't see my family for almost a year.... but now AHS is demanding another sacrifice -- my body and my health and my future. It is too much. I draw the line here.

I will likely lose my income because of this. My mental health has been horrific since this mandate came into place. My depression has spiked and my stress level is "through the roof of a skyscraper." I am so angry that I have been deemed a fit worker for the last 18 months and now suddenly I am not? Even though I have natural immunity to covid? It makes no sense. The rhetoric of AHS and the media induces fear in our clients. I am currently safer for them than any vaccinated worker who may be carrying covid unknowingly and yet it is me that they are being told to fear. My personal health information is suddenly being made public without my consent.

I am concerned for the future. I don't know how I will provide for my family. My depression is so much worse since this mandate, but I'm worried I won't be able to pay for my counselling sessions if I don't have this job.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

My heart breaks at the thought of leaving my clients and not being there for them anymore. I love my work I love my job I love my clients. I can't imagine doing any other career. Yet I am being forced out because of my vaccinating status even though I am healthy and able-bodied and a good hard worker.

I am working through grief at the loss of a career that I thought I would do until I was old.

### *Any addition comments about things not already covered.*

I can't wrap my brain around the fact that when our clients test positive they are simply isolated to their rooms and then we just wait and hope they won't get worse.

Where was the aspirin for my client who had a stroke from a blood clot caused by covid and he died?  
Where is the extra vitamin C or D for any of them, or the budesonide for the client with lung issues?  
How about a simple puffer?

Where's the easy early treatment for them?

It is CRIMINAL we simply isolate them and hope they won't get worse and die, while AHS fires Drs who use treatments that work.

I am heartbroken at how little we offer our most vulnerable for early treatment. I am beside myself with grief and horror at the senseless death of my client. He will never again wave when I walk into work or tell me "water is for fish" when I offer him a cup with his pills. He'll never laugh and call me "the drug dealer" when I come around the corner with my med cart at bedtime.

His death was tragic and preventable. He died, not from Covid, but from lack of early treatment.

I work for an organization that murders people through protocols that block early and effective treatment and instead blames those deaths on a pandemic or lack of vaccination.



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation        Registered Nurse  
Years of Service    9

Years Of Education    7

### ***What lead you to choose this career?***

I have always wanted to work in health care. From a physiological standpoint the human body amazes me. I ended up in emergency nursing as it constantly challenges me and humbled me every shift. I'm passionate about the pursuit of learning and knowledge, and this field never fails to provide. I also felt that in terms of the greatest service I could provide, emergency and rural nursing would be where I could be of maximal use.

### ***What does your profession teach about patient-professional relations?***

There is an element of justice in nursing. We are to provide equal care as best as we can to all our patients, regardless how their values align with ours personally. We are to give equal high quality care and respect to each patient, even if they are, for example, the victim of a drunk driver or the drunk driver themselves. In addition, there is the element of the concept of power, in that we are in a position of power over our patients and that we must be mindful of that in considering the patient- nurse dynamic.

### ***Are the ethical standards you provide to others, provided to you?***

As someone who is fighting what I believe to be unfairly imposed and potentially unsafe mandates, these standards are not being applied to me. I will be treated as a so called second class staff and placed on unpaid LoA until I comply. In addition, the element of the power dynamic will be used against me, as I will be coerced into accepting this "treatment" despite mounting evidence that it is neither safe nor effective, nor does much to protect myself from my patients or my patients from me in terms of reducing transmission.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have felt alienated from staff that were my work "family" for the last several years. I have had to withdraw and hide my opinions for fear of retribution, scorn, or worse, potential maltreatment and abusive arguments. I have witnessed the rabid lectures from physicians to patients regarding accepting this "vaccine" in an unrelated context and do not feel safe to have any constructive conversation about it. I've heard many borderline inappropriate, ignorant, and unprofessional comments from fellow nursing staff in regards to the so called "unvaxxed" which further makes me feel isolated and devalued.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

This forced policy denies natural immunity is recognized for measles mumps, rubella, and chicken pox, for example. There is no option to be tested for titres here. In addition, this product is being ushered in before it is completely studied. Many research articles demonstrate it is neither without serious risk (many times more risky than other vaccines) nor is it being shown to reduce transmission of infection, which is one of the main justifications for implementing this policy. I would like to have some disclosure in terms of any conflicts of interest the top AHS members may have in promoting this "vaccine". Given that other politicians have received monetary incentives from pharmaceutical companies, I would like full disclosure of any sort of nefarious dealings made public, should it be the case

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Registered Nurse  
Years of Service    0

Years Of Education    0

### ***What lead you to choose this career?***

As a teen ager I would accompany my mom to the hospital where she worked and would visit with patients all day - it is the only thing I ever saw myself doing and I still love it after 28 years!

### ***What does your profession teach about patient-professional relations?***

Of course, boundaries, it is patients right to choose and we need to support their choices while providing great sound health advice

### ***Are the ethical standards you provide to others, provided to you?***

No, my rights are not acknowledged by my employer - it is all about them and what they want and I am expected to comply regardless of anything. Ethical treatment is not in existence for health care workers especially RNs. The employer doesn't care about how we feel, our own beliefs or anything

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

Sleepless nights, weight loss, scared, threatened, worried about paying my bills, upset because I may loose my only interest in working - nursing

increased family fights

### ***Any addition comments about things not already covered.***

I think it is horrible that any employer would lower themselves to illegal activity by forcing their staff to take medical treatments they do not want and trying to waiver people's right to informed consent.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation MD  
Years of Service 35

Years Of Education 8

### ***What lead you to choose this career?***

Love to help patients and families in their physical, psychological and even spiritually when they have health issues. Also love to be an advocate for people's wellbeing and there need for expert advice. I see it as my Godgiven calling.

### ***What does your profession teach about patient-professional relations?***

It needs to be confidential, ethical and with total respect for his/her rights, as a person, and under the charter of rights. No discrimination of the patient regardless of race, religion, sex or colour or social status. Always be compassionate and treat patient with kindness and integrity.

### ***Are the ethical standards you provide to others, provided to you?***

Yes

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

Makes me feel like I have no rights to make a choice for my body and I am loosing my personal autonomy. It feels like I will be 'forced raped' and has zero say whatsoever in this matter. I am the 'patient' now that cannot refuse a medical procedure and my right to informed consent is taken away.

### ***Any addition comments about things not already covered.***

This is totallitarian medical system spreading around the world and worse in Canada. I fled from 'apartheid' and now face a medical 'apartheid' system I never thought I will see in my life for me neither my patients. It breaks my heart to see how the heart of society, families, friends and churches are destroyed by lies. This seems to have brought out the worst in many people that I never thought I would ever experience/see.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation	Medical Laboratory Technologist (Diploma), Bachelor of Science (UAH) - major biology, minor chemistry		
Years of Service	31	Years Of Education	5

### ***What lead you to choose this career?***

Science has always fascinated me and after spending a fruitless 3 years in University I chose to take the Med Lab Tech program thru NAIT. I believed I could honestly make a difference in people's lives by providing fast and accurate test results that would be used in patient treatment. Little did I know at the time, but approximately 85% of physician diagnosis's are the direct result of the information provided by the lab. We're hidden away from sight and very much out of the public eye, but all of us who chose this path don't have a problem with that...we're not in it for the glory, we're in this career for personal satisfaction knowing we're making a difference.

### ***What does your profession teach about patient-professional relations?***

In my early years as a technologist I was required to go and draw blood samples from patients each morning. During this process I'd have to identify who I was and why I was at their bedside - "Hi, my name is Fred and I'm from the lab. I need to draw some blood samples for some tests your doctor ordered." We were required to get consent for the procedure at which time we often dealt with confused or incoherent patients. We were specifically told that unless there was consent, either verbal, "Yes, that's fine." or if they presented their arm from under the bedding (non-verbal), we couldn't draw the samples as that could be considered assault. On many occasions I had patients yell, "No God Damn way! You're not taking my blood!", or "Nope, not today.", and we'd just say thank you, sorry for waking you and have a nice day. Beyond emphasizing that it was the doctor who ordered the bloodwork, we would never threaten or coerce patients to participate in a procedure they did not want.

### ***Are the ethical standards you provide to others, provided to you?***

In my current position I have no patient contact whatsoever and I have limited coworker contact as well. I'm now working as a quality control specialist, purchaser, inventory management specialist, LIS validator, etc., etc. Any and all jobs that need investigation or a great deal of attention to detail wind up on my desk. Still however, I must ensure that my fellow techs perform their jobs accurately and efficiently and that they have the necessary tools to do so. All who work in the lab are responsible for accurate and timely reporting of test results to optimize patient care.

This same right...the right to choose what treatments I undergo is now being threatened by Alberta Health Services. How do they know what's right or not right for me? They seem to have a 'one size fits all' approach which directly violates several Canadian Charter laws. They're even demanding that we give them permission to review our medical history to confirm our vaccination status. This information is protected both at the Federal and Provincial levels and AHS is demanding access to it? Everything about their demands is illegal but no one seems to care...unbelievable!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

AHS has tried asking...then bribing...now threatening everyone with financial penalties if we "fail to comply" with their mandates. They're claiming compliance is only "ethical" as it's for the protection of staff and patients. AHS fails to explain how, if the vaccine is so effective and wonderful, why are they making everyone scared of the unvaccinated? Shouldn't the unvaccinated be more afraid and not the other way around?

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

Verna Yiu's illegal vaccine mandate came as a huge shock to myself and my wife, who also happens to be in healthcare. We both understand the right of the individual to choose the medical procedures that they have performed on themselves. Ms. Yiu's mandate is a gross overstep by the employer and nothing short of an abuse of power. If I ask reasonable and logical questions I'm singled out as the "troublemaker" or an "anti-vaxxer". Nothing could be further from the truth as I have all of my childhood shots plus a few extra on top of those...Hep B and Shingrix for example.

What's most upsetting is that 16 years ago I experience a "non-traumatic" spinal cord injury and the only cause I can think of was that it was during a time of aggressive flu vaccine campaign by my employer. I lost a good deal of feeling throughout my body and suffered from neurological pain and altered sensory perceptions. These past 16 years have been a struggle to remain a contributing member of society and at times, I've had to take massive quantities of Gabapentin and other drugs to control my nerve pain. The pain is unrelenting...24/365...year after year after year...until I die from what I gather. So this vaccine mandate has triggered some serious PTSD going back to my initial illness. AHS says that the vaccine is safe and effective but my own research, as a scientist, shows otherwise. There are tens of thousands of deaths directly tied to the administration of the Covid-19 vaccine and this information is readily available on renowned websites such as VAERS (the CDC) as well as Vigiaccess.org (the World Health Organization). There are reports of nearly 960,000 neurological problems and I find this deeply disturbing and downright horrifying that all of the adverse effects are seemingly being swept under the carpet and hidden from the public's eye. Having lived with a neurological problem I don't know if I'd have the strength or courage to face another health complication. I'm not ready to retire yet but if it means giving up a career I love to protect what remaining health I have, then that's an easy choice, I'd rather have my health.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

I am my own worst enemy as I tend to question everything. From the start of this "pandemic" I have been skeptical and have even paid the price of an 'unpaid suspensions' because I talked outside the narrative. But seeing how I work with numbers every day I cannot fathom how AHS can say the things they say...it's nothing short of a campaign of misinformation in my opinion and they're manipulating the data which people are too ignorant to look at themselves. We were supposed to be up to our knees in 'dead' according to the early model projections but those deaths never precipitated. I'm not saying there isn't anything out there killing people, because there is, but people seem to have forgotten that the seasonal flu also killed people every year. Some years were worse than others but so far, using the Alberta numbers, this disease has a 99.96% survival rate! So why the mad push to get EVERYONE vaccinated then?! Most epidemiologists say to never 'chase a disease' during an epidemic because you'll just stress the organism and cause other variants to evolve. This is common knowledge which AHS and their "experts" seem to have conveniently forgotten.

What is also concerning is that there is now the push to get children vaccinated. This makes absolutely NO sense as Alberta had ZERO deaths in this age group. What's the justification for this? It certainly isn't in the interest of public health from my perspective.

My other concern is that there's no credibility given to natural immunity. Many people, and quite possibly myself, got sick in the early months of 2020 and fully recovered. Another well know scientific FACT is that natural immunity offers a much more diverse and therefore effective immune response to a disease. Working in lab I discovered early on that one chemistry company, Beckman Coulter, had developed an assay (test) to detect both IgM and IgG antibodies in sick and convalesced patients. I asked my biochemist if and when Edmonton was going to implement this test and I was met with silence. Why? I always ask, why? In the early days where Canada couldn't secure enough vaccine for everyone, wouldn't it have made sense to save the vaccine for the sick and not 'waste' it on the recovered people who had natural immunity? Again, no one can give me a good answer to this question and I now have serious trust issues with AHS and the "experts" running this show.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation	Registered Respiratory Therapist	
Years of Service	14	Years Of Education 3

### ***What lead you to choose this career?***

I chose this career because I love to help people. I had my doubts if I could stomach a job in healthcare as when I was a child I would faint at the sight of blood. Now I work in a major Alberta Hospital in the level 1 traumas (MVC's, stabbings, shootings etc.) and the ICU's.

### ***What does your profession teach about patient-professional relations?***

My profession teaches that regardless of a patients decisions in life, we were to treat them with the utmost respect, and respect their wishes. This has been extremely difficult at times. As an example; when you receive a drunk driver into the ED that you know was responsible for a car accident that killed a young family.

### ***Are the ethical standards you provide to others, provided to you?***

Absolutely not! I have colleagues (former friends) that will not make eye contact with me anymore let alone engage in a conversation. Colleagues that describe disdain and hatred towards unvaccinated ICU patients. Hateful comments about how the patients are stupid and "deserve" what they got. That they should not be occupying that bed. That all unvaccinated staff should be in charge of taking care of all the unvaccinated patients. How we are selfish and are not upholding our duty of protecting our patients. I truly no longer feel wanted or valued, when the truth is that I am one of the most versatile RRT's in our entire department.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I feel unvalued and bullied. I have spent hours crying in the locker room after my shifts. I already struggle with depression, so this does not help. I stand to be placed on an unpaid LOA on Nov 1. I'm putting my house up for sale and leaving this province and possibly the country. Even if AHS decided to rescind their mandate, I would not work for them any longer. Since the start of the pandemic we were described as heros, and now we're being treated as villains. It's disgusting, and I no longer respect the company I work for



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

*Any addition comments about things not already covered.*

It's atrocious that AHS is not even acknowledging other countries treatment successes. There is ZERO reason why we will not treat COVID patients before they require our intensive care unit. They are not acknowledging natural immunity even though there's a study out of Duke University stating it's much more effective/long lasting than any vaccine. It DOES NOT prevent transmission, so how am I the villain here???? AHS is the true evil entity as they refuse to treat patients.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Primary Care Paramedic  
Years of Service    3

Years Of Education    1

### ***What lead you to choose this career?***

I wanted to be the person who can help those on the worst day of their life. I wanted to know the skills to help save a life and actually help make a difference for others.

### ***What does your profession teach about patient-professional relations?***

That's people's medical information is private. What people's individual choices about how they live their lives, treat their bodies and put in their bodies is not something I or anyone else has the right to judge or make demands on.

### ***Are the ethical standards you provide to others, provided to you?***

Not at all. Right now I am having my job, my livelihood and what I love threatened simply because of my personal choice to not put an experimental drug inside my body. My choices are not respected nor is my medical knowledge of what I see on the front lines of what this "vaccine" is doing.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

In my job, on a regular basis, I see the ill-effects of this "experimental drug" the government calls a "vaccine" and it is not good. People who thought they were safe because they got the jab now have covid, others who were perfectly healthy prior to the jab now have seizure disorders, Bells Palsy, or heart conditions.

Being coerced into going through a medical procedure against my will is very concerning to me. It is having such a negative impact on me in my personal as well as work life. Not knowing if I will have a job in a week is extremely stressful and down right wrong.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

As you know, forcing employees to receive the vaccine (medical procedure), by threatening loss of work, income and livelihood would go against many sections of the Canadian Constitution, and would include the Union ( HSAA) and the Employer (AHS) being held personally liable for any adverse outcome, including financial loss that prevents me from earning income to provide for myself and my family. Yet I have seen no responsibility being taken by either HSAA or AHS for the high potential of adverse outcomes should I chose to take the vaccine.

I will not by no means be threatened, bribed or coersed into a medical procedure against my will and it is absolutely inappropriate for my employer and the government to be crossing all these lines.



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Any addition comments about things not already covered.*

We as AHS staff promote and advocate that people, our patients have rights. They have the right to be heard, to be provided second opinions, to then be respected when **THEY** make a decision for their life.

As staff, we are **NOT GIVEN A Choice** as to what we want to be put into our own bodies. We are being **BULLIED AND COERCED** into allowing an experimental injection, a medical procedure be thrust upon us in order to keep our jobs!! This goes against the Nuremberg Code, the Canadian constitution and our personal rights to decide.

The leaders have **NOT** provided beyond a reasonable doubt that this medical procedure is safe. There are thousands of adverse reactions, including death.

This whole mandate is beyond anything I have ever known. Be injected... Or lose your job!!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation        Mental Health Educator/Counsellor  
Years of Service    13

Years Of Education    6

### ***What lead you to choose this career?***

I am passionate about mental health and wellness!!

### ***What does your profession teach about patient-professional relations?***

It is ALWAYS client led!! Respectful, considerate & reconciliatory whenever possible!! Coercion is wrong & a terrible tool to use if you want to change human behaviour!!

### ***Are the ethical standards you provide to others, provided to you?***

Yes, until recently when I'm am in fear of losing my job.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I have been having difficulty sleeping at night, I have problems being present for my family and I'm constantly stressed/worried that a choice to care for my health and to stand by my morals & ethics will cost me my job!!!

### ***Any addition comments about things not already covered.***

It is pure coercion and dead wrong to mandate vaccination!! I'm against any forced medical procedures and the government has overstepped its boundaries by mandating vaccination and introducing vaccine passports to supposedly "free" citizens!!!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation       MRI tech 1  
Years of Service   14

Years Of Education   2

### ***What lead you to choose this career?***

I was always interested in helping diagnosis disease. Helping people to get their test done has been a passion of mine and I enjoy connecting with my patients. I always knew I would have a career in DI

### ***What does your profession teach about patient-professional relations?***

Respect the patients right to refuse, help them make the best choices, provide safe and appropriate care. Do no harm.

### ***Are the ethical standards you provide to others, provided to you?***

No.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I previously suffered from anxiety and depression but worked hard to ween myself off of my medications this summer, and I was thriving. When I first heard about the vaccine mandate I was scared and worried. I started a downward spiral with my mental health due to worrying about providing for my family, what would happen to patients and wait lists, how my coworkers would be able to provide for their families, etc etc.

I'm now on a stress leave and am back on my medication to help me cope with the fear and anxiety I experience daily. Nothing makes sense anymore.

### ***Any addition comments about things not already covered.***

I just don't understand what is happening and why. Why is covid so important to strip people's rights and freedoms for? Especially if it's only for 15% of the population? How are they getting away with this? Is it worth it to cause a complete health system collapse?

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation            Medical Doctor, MD CCFP  
Years of Service      6

Years Of Education    10

### *What lead you to choose this career?*

A passion for health, not only for the individual but humanity; The health and resilience of a community directly depends on the health and resilience of the individuals that comprise the community. In a world with ever more complex challenges, we need healthy individuals who can problem solve, cooperate and innovate.

### *What does your profession teach about patient-professional relations?*

Patient centred care has been the bedrock of my medical education. During my training we reflected on the past prejudices and harms of paternalistic medicine and aimed to not allow those behaviours and transgressions again. Patient autonomy and informed consent are the highest values in my practice.

### *Are the ethical standards you provide to others, provided to you?*

No. The right to informed consent for a medical procedure/injection without coercion has not been granted to me. Instead, after bravely working on the front lines for the past 19 months, witness to all the suffering from the virus and the human effects of the economic consequences of the policies in response to it, I am being forced to choose between taking a vaccine, from which I've seen first hand the rare but devastating adverse effects, or lose my job as the sole earner for a family of 6.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

Since AHS decreed its mandate, I lost 10 lbs in 2 weeks, I've never been so gutted and stressed in my life. I've weighed the risk/benefit ratio taking into consideration my age and medical history, for the temporally effective vaccine versus the fact that I most likely already endured Covid-19, and I stand resolute that I have nothing to gain and a lot to lose from taking this vaccine. Come Nov 1st I no longer will be allowed to do primary care hospitalist work, a job I found deeply rewarding and my colleagues of 6 years, in a once close knit collegial clinic has forced me out of my general family medicine practice clinic. Over 900 patients, many of whom are very complex will be left orphaned, needing to find a new family doctor in a community that is already in desperate need of more physicians.

### *Any addition comments about things not already covered.*

I'm broken over the disintegration of friendships and families I've witnessed over the last two months in response to the vaccine mandates. Loyal and hard working nurses, doctors, EMS, and Police are enduring significant stress and upheaval in their lives due to these mandates. The suffering is tremendous. I cannot imagine that this is for the greater good.





# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Registered Nurse  
Years of Service 27

Years Of Education 2

### ***What lead you to choose this career?***

I am passionate about helping people. I had the privilege of watching caring nurses support my dad on his death bed when I was 18 years old. Their impact and compassion made me want to give that same compassion to others. I have been blessed to have been able to do this for 27 years.

### ***What does your profession teach about patient-professional relations?***

We are taught and required to respect the wishes of our patients. The right to refuse. The right to be treated always with dignity and respect.

### ***Are the ethical standards you provide to others, provided to you?***

Currently the rights I am not only required to afford others, but do so willingly with compassion and excellence, are now no longer afforded to me. I have no right to refuse. I have no right to an opinion even though it is supported by science and logic.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I am losing faith and respect in an organization and profession whose calling and purpose is to love and serve others selflessly in their time of need. I never feared losing my own life to save another's in my profession. But now my years of service mean nothing unless I fall to a mandate to inject unknown, unproven experimental substances into my body that has killed thousands of people and not been substantiated to even decrease transmission.

### ***Any addition comments about things not already covered.***

Fear based decisions always lead to chaos. Broken promises are stacking up. The "science" you promote is not science unless you are willing to tell the truth, free doctors and medical professionals to research and openly share their findings and treatments for the betterment of all mankind. We cannot find answers in a stifled environment where highly educated and experienced people are threatened to lose their livelihood if they speak out.

The truth WILL come out. What is hidden WILL BE revealed.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation        Social worker  
Years of Service    9

Years Of Education    5

### *What lead you to choose this career?*

To help people struggling with mental Health and Addictions. It affected my personal life so I had a passion to learn more and be able to have a deeper understanding on how I can be a support for those struggling.

### *What does your profession teach about patient-professional relations?*

Recognition of Individual and Professional Diversity, Respect for the Inherent Dignity and Worth of Persons, To treat everyone with dignity and respect, Pursuit of Social Justice;

Social workers believe in the obligation of people, individually and collectively, to provide resources, services and opportunities for the overall benefit of humanity and to afford them protection from harm. Service to Humanity

The social work profession upholds service in the interests of others, consistent with social justice, as a core professional objective. Integrity in Professional Practice

Social workers demonstrate respect for the profession's purpose, values and ethical principles relevant to their field of practice. Confidentiality in Professional Practice

A cornerstone of professional social work relationships is confidentiality with respect to all matters associated with professional services to clients.

Discrimination treating people unfavourably or holding negative or prejudicial attitudes based on discernable differences or stereotypes (AASW, 1999). Rights

The rights of an individual that are considered the basis for freedom and justice, and serve to protect people from discrimination and harassment. Social workers 10

Canadian Association of Social Workers (CASW) Code of Ethics © 2005 may refer to the Canadian Charter of Rights and Freedoms enacted as Schedule B to the Canada Act 1982 (U.K.) 1982, c. 11, which came into force on April 17, 1982, as well as the Universal Declaration of Human Rights (1948) proclaimed by the United Nations General Assembly December 10, 1948.

Malpractice and Negligence

Behaviour that is included in "conduct unbecoming" and relates to social work practice behaviour within the parameters of the professional relationship that falls below the standard of practice and results in, or aggravation of, injury to a client.

Self-Determination

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

A core social work value that refers to the right to self-direction and freedom of choice without interference from others. Self-determination is codified in practice through mechanisms of informed consent.

### *Are the ethical standards you provide to others, provided to you?*

At this moment given the mandated vaccine from my employment I feel like my consent has been taken from me. I feel like I am put in a very uncomfortable position to choose to put something I do not fully agree with in my body or lose my career I worked so hard to get.

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

It has made me lose friendships, constant arguments, depressed, anxiety, feeling of hopelessness and loss. I am in a situation where I am being forced out of a job I am passionate about unless I go against me beliefs.

### *Any addition comments about things not already covered.*

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation Allied Health  
Years of Service 14

Years Of Education 6

### ***What lead you to choose this career?***

Passion for those facing mental health challenges and associated barriers to accessing treatment by de stigmatizing mental illness, providing prevention, treatment and advocacy.

### ***What does your profession teach about patient-professional relations?***

As a child I experienced significant adversity, coming from an abusive home. My mother received help to escape the violence with her three children. As a child and teenager I received help for resulting mental health challenges. A small number of counsellors made such a difference in my life. If it wasn't for them, i may have headed down a negative path of high risk behaviours. Instead, I became resilient and became motivated to make a difference in the lives of children and adolescents.

### ***Are the ethical standards you provide to others, provided to you?***

No. The ethical standards of informed, voluntary consent and unbiased presentation of information is NOT provided to me by my employer. The respect for the inherent dignity of an individual's right to select treatment options or deny treatment options is NOT provided to me. The respect for the confidentiality of a client's personal medical records is NOT provided to me. The respect for the client, regardless of his/her life choices is NOT provided to me. The duty to not discriminate against any client has NOT been followed by my employer with respect to me. The trauma informed, client/patient centred care that is provided to the client is NOT provided to me.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I must choose between my career for which I spent years educating and training and my right to bodily autonomy, informed, voluntary consent. If I want to keep my carrier, i must receive a medical treatment for which I do not consent and therefore, under duress. I am ostracized by my employer and discriminated against for my autonomy.

### ***Any addition comments about things not already covered.***

I have been under significant emotional duress as I am a single parent who is being forced on unpaid LOA as a result of asserting my human rights. I had plans to spend my lifetime working for my employer and retiring from AHS. I have devoted 14 years thus far. I am now forced to abandon clients for whom I have been providing trauma informed, patient/family centred care, further contributing to the adversity and discrimination they have been facing.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Primary care paramedic  
Years of Service    10

Years Of Education    1

### ***What lead you to choose this career?***

I loved how dynamic emergencies were while volunteering with my local fire department and wanted to keep helping people

### ***What does your profession teach about patient-professional relations?***

We've had so many courses, and speeches about freedom of choice. We've all been repeatedly told never to coerce a person into receiving or not receiving treatment.

### ***Are the ethical standards you provide to others, provided to you?***

Not anymore. I will be outed as non covid vaccinated on nov 1st. I am incredibly pro vaccine and yet will be seen by my peers as not so. My private decision, made for private reasons, made public for all to see

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I'm very tough, and can handle a lot of stress. I can honestly say I've never been so stressed and upset in my life. It has made me unsure of my decisions, I am concerned for my coworkers, and I'm afraid all of the time. I jump between anger, sadness, and disbelief. How could a free country, and a company that has strict coercion policies do this to someone?!!! I want to scream at everyone to open their eyes PLEASE

### ***Any addition comments about things not already covered.***

Not everyone who chooses not to get this vaccine is a conspiracy theorist! Some of us have medical conditions, or health concerns! Some of us have seen what we are sure are horrible vaccine injuries. We're all just scared!

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation      Primary Care Paramedic  
Years of Service    0

Years Of Education    0

### *What lead you to choose this career?*

I spent most of my childhood in and out of hospitals. I was always a very sickly kid. Paramedics saved my life on 2 occasions, and then I watched them save my dad's life years later. It was that day that I told my mom I wanted to be a paramedic when I grew up. I wanted to help people, I wanted to make a difference.

I also spent a lot of my childhood in poverty. My parents struggled to pay the bills each month, but they always tried not to let us feel like we were the "poor kids". They gave us everything they could.

I wanted to do something important with my life, I wanted to feel like I made a difference in the world. And I wanted to make sure that I had a career that allowed me the freedom not to struggle with poverty like my parents.... so that I could give back to them the way they did for me one day.

My parents didn't have the money to help me with school, so I had to put all of the expenses on a student loan. But I was okay with that. The first 2 years of school cost around 20 000, so I decided to do those and then get a job and pay off those loans before going back for the next 2 years which cost double.

I struggled for years to get an actual ambulance position. I had to work up north in the oilfield as a medic for 5 years. Which was really hard on me. Its hard to have much of a life when you are never home. I finally got a job with associated... but it was still working away from home for 96 hour shifts.

I applied to AHS for 5 years straight before I got my first interview in Calgary. And I got the job. I was over the moon, I'd never been happier in my life.

And I LOVE my job in Calgary. It's thankless, exhausting, and some days down right ruthless... but I went home feeling like I made a difference, and that was enough for me. The days where I got to help save a life... were enough to keep me going for the bad days.

### *What does your profession teach about patient-professional relations?*

We are taught to respect the patients wishes. No matter what, the patient is always right. Even when we know that following the patients wishes could mean they die, we have to do it... and still treat them with respect and care for them as best we can. We have to get creative, and think of alternative methods. All while maintaining the patients dignity and independence to make choices for themselves. Informed consent is a must. We are NOT allowed to coerce the patient, or try to change the patients mind by making them feel scared, or stupid for their choices. We give the patient all of the relevant medical information, and allow them to decide what's best for them.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Like DNR'S for example. When we get on scene to a cardiac arrest, and the family is screaming and crying and begging us to do something, but the patient has a Do Not Resuscitate order... it's the hardest calls for me. Even if I know that we could do something to save their life, I have to respect the patients wishes.

I've had family members of patients like this get violent with me and blame me for their fathers death... I've had children beg me to help their grandma. I've had it all. But we HAVE to respect the patients wishes, and try our hardest to console the family. We have to remain professional, and follow the patients wishes.

Another situation I see daily.... drug overdoses. Do you understand how hard it is to resuscitate an overdose patient, for the SECOND TIME in one shift? But we still have to care for that patient to our highest capability, even though we know their choices in life cause this. And then when they wake up, and instantly try to harm us... we STILL have to be professional, kind, empathetic, and take care of them.

*Are the ethical standards you provide to others, provided to you?*

Not even slightly.

Coercion, bullying, harassment. I've had death threats, and everything in between...

My family doctor who knows my history, tried coercing me into getting this "vaccine". Used scare tactics to try and alter my decision.

My job, taking away my means to provide for myself and my family if I don't submit to an experimental gene therapy.

I worked tirelessly through this whole pandemic without a vaccine. I got sick multiple times, and was off with no pay for weeks at a time. I was good enough to take care of people then... but somehow now, I'm just scum and don't deserve to live, let alone have a job.



# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

### *Describe the impact of forced/coerced/bullied vaccinations has on you:*

I am a sickly person. I've had horrible reactions to vaccines in the past. I haven't gotten a flu shot since I was a kid because it nearly killed me. And then a couple years ago work guilted me into getting it, made me feel like a bad person for choosing not to. So I got it, and I was sick for 4 weeks... couldn't work, and was a casual so had no sick pay. I had to abandon my lease on my townhouse and move back in with my parents.

I thought that was bad.

Now this? I have had coworkers wish death upon me. I have been harassed. I have been told I don't deserve to work in the medical profession because I'm an incompetent idiot. Partners who once respected me, and told me I was the best partner they have ever had... are now harassing me and telling me I don't deserve my job.

My own doctor who knows my history wont give me an exemption.

I have lost the respect of my coworkers, family members and society in general... because of a choice I made for my own body. My own health.

I have to now choose between losing my livelihood and being able to provide for my family, pay my bills... participate in society... or having a medical procedure that could potentially kill me, or alter my life forever because of adverse side affects.

I have seen far too many people hurt, or die because of this "vaccine" both in my career and my personal life.

I will likely lose my house. I will have to sell my car. I have already sold everything I can in my house. I don't know how I will provide food for my kids, my dogs, myself.

But I couldn't do any of that if I were dead either. And I don't have life insurance.

I finally got to a place in my life where I felt secure. I had the career of my dreams. We lived comfortably. I was helping my parents and treating them to things they couldn't afford. I had a 5 year plan to buy an acreage. And now... now I don't even know if I will have a home in 6 months.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

I am depressed, suicidal and feel absolutely defeated. I am alienated, and hated. I am scared every single day. If I didn't have a family to take care of... I probably would have killed myself already. I have no interest in living in a world like this.

*Any addition comments about things not already covered.*

This isn't okay.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

Designation        HCA  
Years of Service    10

Years Of Education    1

### ***What lead you to choose this career?***

I wanted to help people. Provide them with quality care & a quality of living.

### ***What does your profession teach about patient-professional relations?***

As an HCA, I'm on the front lines, delivering care to residents that r unable to help themselves, to give them dignity in their end of life stage. A good portion of the 88 I look after, staff is the only people they see, especially with COVID which has limited who can come to visit. I'm their family, they look fwd to seeing me day in & day out. I know what they like & don't like which is helpful when some of them can't communicate anymore. I'm their advocate because I've got to know them better then their family. With me gone, they will be even more lost then they are.

As a nurse, we r thought that patients/families get the right to decide what kind & how much treatment they want. This decition has to be followed by everyone on the Health Care team, which includes me. Right now, in my facility, residents/families are being offered their 3rd Covid shot & yearly flu shot. If they don't want 1 or both then they are not forced, coerced or bullied into having it. In fact, they aren't loosing their care, a facility to live in, or an income.

### ***Are the ethical standards you provide to others, provided to you?***

No. These vaccine mandates are forcing me to have a medical procedure I don't want. It is going against the Nurse's Code of Ethics.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

I'm a complete mess emotionally & pysicaly. I'm on Stress Leave because I couldn't handle the stress of being @ work anymore. The day I broke, I started to cry & couldn't stop. That was the day my manager said to start submitting ur proof of vaccination. The stress had been building up since the email came out about the mandate. I still suffer from the stress. I can't eat, I can't sleep, my hair is falling out in clumps, everything that gave me joy before no longer does, I have a hard time getting out of bed because I have nothing to get out of bed for, my mind is constantly racing a mile a min., it's hard to focus & get sick to my stomach everytime I think about having to get the shot. These r just a few of my symptoms.

When I was @ work, I was constantly bullied & harassed from co-workers & my manager about why I wasn't getting the shot & how us unvaxxed r causing all the problems. I was having my breaks alone.

Since I am refusing a number of good & logical reasons, my Dr. & her office staff Has started to treat me differently when I have appointments, I am loosing my job & therefore, my family & I could possibly loose a roof over our heads, clothes on our backs & food in our bellies.

# Alberta Health Care Professionals (ABHCP.CA)

## Testimonials of Health Care Professionals and the Effects of Covid-19 Mandates

I feel like a Lepper when I go out in public as I'm not free to go & do what I used to. The fear is turning people in to haters. We've been isolated from people & human touch for almost 2 yrs & that has worn me down. I'm @ the point that if I die right now, I'm ok with that cause then I won't have to live in a world where there is more hate, division/separatism bullying, harrassment & no human touch.

### *Any addition comments about things not already covered.*

I have been on Front lines during this whole pandemic without the shot & now I'm being fired because I am refusing to take the shot. This whole time (almost 2 yrs.) No resident has had COVID (88 patients.) Their has been 7 who died unexpectedly after getting the shot. We live in Canada for a reason & this mandate is illegal in so many ways.

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Designation Registered Nurse  
Years of Service 7

Years Of Education 4

### ***What lead you to choose this career?***

I got into nursing because I wanted to help others. I have always been a very empathetic person and it seemed like the right decision for me at that time.

### ***What does your profession teach about patient-professional relations?***

My profession and nursing code of ethics has taught me that regardless of my own personal beliefs I must respect the wishes of others. That everyone has the right to refuse a treatment if they wish. That every person has the right to informed consent and it is my duty to ensure they have that prior to moving forward. I've never had an issue following these code of ethics and have always been respectful of people and their decisions.

### ***Are the ethical standards you provide to others, provided to you?***

I dont feel these ethical standards are provided to me at this time. I am being forced into getting a vaccine and putting something into my body that I don't agree with in order to stay employed. They say I have a choice but I really don't if my options are take a vaccine or be put onto an unpaid LOA that will eventually result in termination if I don't. There is no long term data for this vaccine so there is no way they know the long term side effects of it. It should be my choice whether I want to take the risk or not. I do not consent but soon I will have no choice.

### ***Describe the impact of forced/coerced/bullied vaccinations has on you:***

My coworkers have turned on me. They say I should just quit complaining and get it already. That I do have a choice and it should be an easy one. They speak poorly of other patients who are unvaccinated as well and provide less compassionate care to those patients which is evident in their body language and verbal statements. I am not an anxious person but I wake up everyday scared for my future and my job. I get constant chest pains/anxiety seemingly out of the blue and I know its because of this mandate. I have no idea if I will be employed by the end of the year. I am sick with worry and I dont understand how it's come to this. I am worried if I choose the vaccine then pregnancy will become harder for me. Once again, they say it's safe but it's only been tested widely in the last year so we really don't know the long term fertility effects and that scares me as well. What if I take the vaccine to keep my job and now can't have children? Or don't take it to keep my body rights and can't afford to have children because I can't work in a field I went to school jn for 4 years. It's just gut wrenching.

### ***Any addition comments about things not already covered.***

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I feel like this is a violation of basic human rights. To say trust science is ridiculous. Science has conducted human experiments for years and it has not always been legal. They use to sterilize and abuse mental health patients when they didn't understand the process, in the name of finding that out. I am not anti vaccine but I dont know why such a new vaccine is being pushed so aggressively. 70% of the population is vaccinated yet our covid numbers are higher then when 100% was unvaccinated but somehow its the 40% unvaccinated fault ? The fact the government is using travel, restaurants, parents picking up their child from daycare (exuse me what?! Is that not essential) as a way to force someone into being vaccinated is disgusting. To quote trudeau "being rewarded for doing the right thing". It's even be admitted that transmission rates aren't highest in these places It's just an incentive to get people vaccinated this mandate is dividing families and causing hate among friends. The government is promoting segregation by saying not to invite unvaccinated families over for the holidays and the majority dont see anything wrong with this. My mind is blown I can't believe what this world and our country is coming to. Our body our choice.